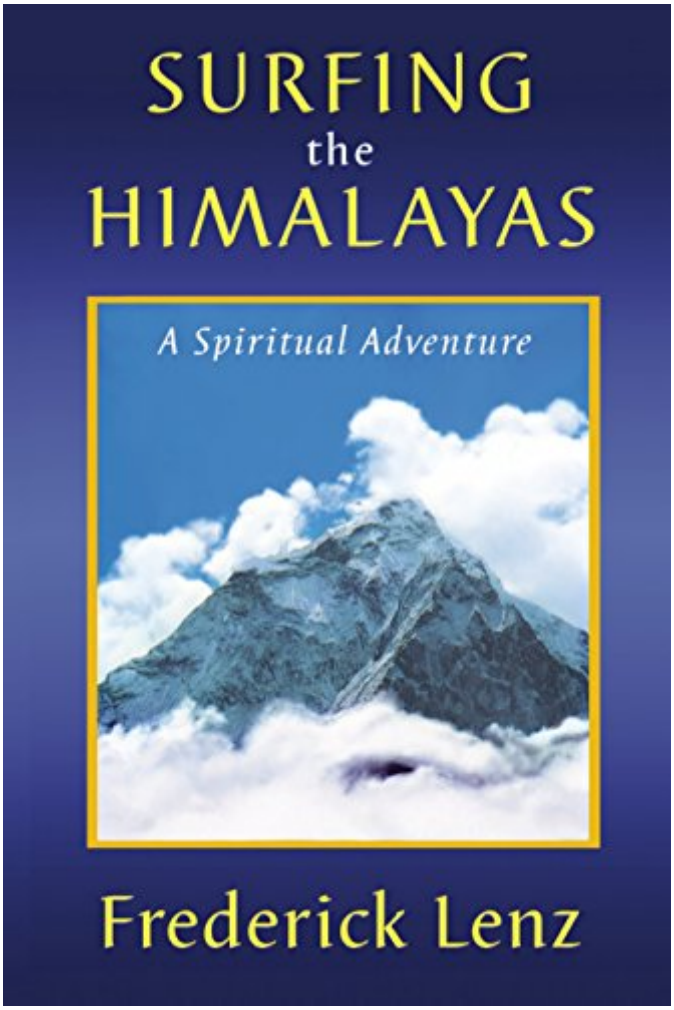
Ebook Directory
the best source of ebook

The book was found

Surfing The Himalayas: A Spiritual Adventure



PDF
Adobe
DOWNLOAD EBOOK

Synopsis

Ã¢â ¬Å“Surfing the HimalayasÃ¢â ¬Â• is the engaging story of a young American snowboarder who travels to the Himalayas seeking the ultimate high -- but surfs into an experience more transcendent than he could have ever imagined. In an accident of karmic destiny, the young man plows into a wizened Buddhist monk named Master Fwap who takes him on as a spiritual apprentice. Using snowboarding as a path to enlightenment, the charming and learned Master Fwap shows how, by freeing the mind and challenging the soul, one can master any mountain -- and master oneself.Literary Reviews: Ã¢â ¬Å“In search of his spiritual roots, an American who journeys to the Himalayas for the ultimate snowboarding meets a Buddhist Monk and finds his life transformed. This tells of the young man's unexpected encounter with spiritual enlightenment, and is based on Dr. Lenz's own experiences in Nepal. Written as a novel, it's especially recommended for those interested in spiritual journeys.Ã¢â ¬Â• -- Midwest Book ReviewÃ¢â ¬Å“A magnificent journey to the mountain within.Ã¢â ¬Â• -- Lynn Andrews, author of Medicine Woman

Book Information

File Size: 1025 KB

Print Length: 236 pages

Publisher: Mystic Buddha Publishing House; 3 edition (January 15, 2016)

Publication Date: January 15, 2016

Sold by:Ã Â Digital Services LLC

Language: English

ASIN: B01AM5EQRA

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #442,940 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #23 inÃ Â Books > Sports & Outdoors > Outdoor Recreation > Snowboarding #514 inÃ Â Books > Sports & Outdoors > Winter Sports #1088 inÃ Â Kindle Store > Kindle eBooks > Religion & Spirituality > Buddhism

Customer Reviews

I enjoyed this book as much as reading about the five Tibetan rites in the "secret of the fountain of youth". A great spiritual adventure that will make an impression on your soul.

Very interesting. I feel that even though it was written as fiction there is a lot of value contained in the information given by Fredrick, aka, Rama.

I like the theme of this book, and I think the overall message is great, but the writing is not all that spectacular. What did I expect, right? I would recommend this book to anyone hoping for a general understanding of spiritual identity, but it’s not the best book I’ve read on the subject. As a snowboarder I was attracted to the plot, but I don’t feel it goes into much detail about the actual riding he did, so it would be a good read for anyone - not just action sport enthusiasts.

I enjoyed this book.This is a light and good intro to Tibetan and Tantric Buddhist ideas. I would recommend it!~~~~

This gave this Christian a new perspective on spirituality. A great spiritual journey experienced through writing!

This book has interesting concepts, but is slightly on the sophmoric side in writing style.It did get my husband interested in zen concepts, but one would have to study more thanthis book to actually apply them to a person’s life. (Surfing the Himalayas)

love it.wonderful book to read.

In 1990, I spent two months in Nepal and Tibet, and visted numerous monasteries. I have also been an amateur student of Buddism, on-and-off, for a number of years. This book looked interesting, but I was disappointed.I have to agree with many of the comments of reviewer David Yeh, on the American site, whom I quote: " ’...Master Fwap told me that most people who have been enlightened in their previous incarnations would normally begin to regain their past-life enlightenment-if they lived at sea level-at around the age of twenty-nine, when their astrological Saturn return took place. He said that living in or near sacred mountains, because of their beneficial auric influences, often made past-life returns happen even faster.’ What?! Sea level? Saturn return? Auric influences? I’m not close-minded, but Lenz makes little attempt to make believers out of

non-believers, he throws out jargon like this with impunity."I did find some aspects of the book interesting, but I thought it got really bogged down, and it was hard for meto persevere to the end. Having done so, I felt disappointed. There wasn't any payoff for me.

Download to continue reading...

Surfing: Surfing - A beginners Guide (Surfing, Learn to Surf, Surfing made easy, Surfzone, How to surf, Surfing lesson) Surfing the Himalayas: A Spiritual Adventure Surfing the Himalayas 2016 Edition Circling the Sacred Mountain : A Spiritual Adventure Through the Himalayas Surfing California: A Guide To The Best Breaks And Sup-Friendly Spots On The California Coast (Surfing Series) Surfing Australia: A Guide to the Best Surfing Down Under (Periplus Action Guides) Adventure Guide Nicaragua (Adventure Guides Series) (Adventure Guides Series) (Adventure Guides Series) (Adventure Guide to Nicaragua) Himalayas: An Aesthetic Adventure Walking the Himalayas: An adventure of survival and endurance The Subtle Power of Spiritual Abuse: Recognizing and Escaping Spiritual Manipulation and False Spiritual Authority Within the Church My Outrageous! Spiritual Adventure: (Spiritual Initiations) Roads to Adventure 31 Kayaking, Hiking, Biking, Fishing, Skiing, Caving, Surfing, Rock Climbing, Ice Climbing, Rafting, Camping and RVing Stories Tibetan Houses: Vernacular Architecture of the Himalayas and Environs How To Mount Aconcagua: A Mostly Serious Guide to Climbing the Tallest Mountain Outside the Himalayas (Mostly Serious Guides) Floods in Bangladesh: History, Dynamics and Rethinking the Role of the Himalayas Transformative Travel in Nepal: Fulfilling a Dream in the Himalayas Just for a Laugh in Katmandu: And Off the Beaten Trek in the Himalayas Hunza, Lost Kingdom of the Himalayas Out of this world; Across the Himalayas to forbidden Tibet Buddhist Himalayas

Contact Us

DMCA

Privacy

FAQ & Help